

This list shows all the Good Neighbours groups in the Network, and holds current contact information and details on the activities each group will cover. It is arranged geographically and in alphabetical order.

The list is updated at the beginning of each month.

If you are unable to find what you want, then please contact the GNN Hub direct

E: info@goodneighbours.org.uk

BASINGSTOKE AND DEANE

| Name of group and area | Group location | Areas covered | Contact | List of activities offered |
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| Basingstoke Neighbourcare | RG21 7QW | Basingstoke and Sherfield | T: 01256 423855 | Hospital and GP transport – other health transport Social Transport Befriending |
| Bramley Lunch Club | GU5 0HZ | Bramley | T: 01256 882441 | Lunch club |
| Bramley Voluntary Drivers | RG26 5DA | Bramley | T: 07787 166924 | Hospital and GP transport – other health transport |
| Burghclere & Newtown Neighbourcare | RG20 9XH | Burghclere & Newtown | T: 01635 278482 | Hospital and GP transport – other health transport and prescription collection Sitting service Shopping, Minibus Other – general support at times of illness |
| Burghfield & Mortimer Volunteer Bureau | RG7 3SQ | Burghfield, Mortimer West End, Stratfield Mortimer, Silchester, Sulhamstead Upton Nervet | T: 0118 983 1814 between 9:30 and 11:30 Monday to Friday E: bureauvolunteer@gmail.com | Hospital and GP transport – other health transport |

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| East Woodhay & Highclere Neighbourcare | RG20 0AL | East Woodhay & Highclere | T: 01635 745600 | Hospital and GP transport – other health transport and prescription collection |
| Oakley Community Care | RG23 7ED | Oakley | T: 01256 781660 E: oakleycare @hotmail.co.uk | Hospital and GP transport – other health transport |
| Old Basing & Lychpit Good Neighbours | RG24 7BW | Old Basing and Lychpit | T: 03330 440116 E: admin@ oblgoodneighbours.com W: www.oblgood neighbours.com | Hospital and GP transport – other health transport Befriending Dog walking Occasional D.I.Y and gardening |
| Overton ACTION | RG25 3EW | Overton | T: 07733 602972 | Hospital and GP transport - other health transport Lunch Club |
| Silchester 'Give and Take' | RG7 2HH | Reading | T:0118 9701055 | Hospital and GP transport – other health transport |
| St Mary Bourne & District Neighbourcare | SP11 6AU | St Mary Bourne | T: 01264 738592 | Hospital and GP transport – other health transport Shopping Lunch club |
| Tadley Crosslink | RG26 3PB | Tadley | T: 07884 016367 | Prescription collection D.I.Y Pet care Shopping Befriending Visiting Sitting service |
| Whitchurch Neighbourcare | RG28 7NN | Laverstoke, Whitchurch | T: 01256 893219 | Hospital and GP transport – other health transport Shopping Sitting service Pet care |

EAST HAMPSHIRE & BORDERS

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| Alresford and District Voluntary Care Group | SO24 9AG | New Alresford | T: 01962 733584 | Hospital and GP transport – other health transport |
| Alton Community Care Group | GU34 2BU | Alton | T: 01420 541520 | Hospital and GP transport – other health transport |
| Bentworth Care Group | GU34 5RE | Bentworth | T: 01420 561281 | Hospital and GP transport – other health transport Shopping Prescriptions |
| Binsted Bentley Froyle and District Voluntary Care Group | GU34 4JY | Binstead Bentley Froyle | T: 01420 520169 | Hospital and GP transport – other health transport |
| Bramshott & Liphook Parish Voluntary Care Group | GU30 7DJ | Bramshott, Liphook | T: 01428 722292 | Hospital and GP transport – other health transport Shopping |
| Bordon & Whitehill Voluntary Car Service | GU33 6BS | Bordon | T: 07596 701312 | Hospital and GP transport – other health transport |
| Clanfield Voluntary Support Group | PO8 0RA | Clanfield | T: 0800 011 4842 | Hospital and GP transport – other health transport Prescription collection Shopping Sitting service Other – hairdressing |
| East Meon Care | GU32 1NL | East Meon | T: 0330 0434 823 | Hospital and GP transport – other health transport Lunch club Other – good neighbourly activities |
| Four Marks Care | GU34 5AA | Four Marks | T: 07393 538152 | Hospital and GP transport – other health transport |

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| Four Marks Lunch Club | GU 34 5DL | Four Marks | T: 01420 769435 | Lunch club on the second Wednesday of each month at 1pm. Transport can be arranged. |
| Funtington Good Neighbours | PO18 9LH | Funtington, the Ashlings, West Stoke and Sennicotts | T: 07761 027416 | Hospital and GP transport D.I.Y Shopping Befriending Pet walking Admin |
| Grayshott Community Care Group | GU26 6LF | Grayshott, Hindhead | T: 07498 068224 | Hospital and GP transport – other health transport |
| Headley Voluntary Care Group | GU35 8PP | Headley, Bordon | T: 01428 717389 | Hospital and GP transport – other health transport Visiting Other – weekly coffee morning |
| Horndean Voluntary Care Group | PO8 0AA | Horndean | T: 0752 833 1989 | Hospital and GP transport – other health transport Prescription collection DIY Shopping |
| Kings World Care Group | GU35 9ND | East West Worldham, Kingsley, Oakhanger and Binsted | T: 01420 479000 E: Jane @kingsleyorganisation .org.uk | Hospital and GP transport – other health transport Shopping Befriending |
| Liss & District Voluntary Care Group (LUPIN) | GU33 7AQ | Liss | T: 01730 892572 E: megardner1969 @gmail.com W: www.lupinofliss.co.uk | Hospital and GP transport – other health transport Prescription collection Sitting service Shopping Befriending Visiting |
| Medstead Voluntary Care Group | GU34 1DD | Medstead | T: 0845 4630 546 | Hospital and GP transport – other health transport Lunch club Shopping Other – Tea Club |

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| Neighbourcare Buriton | GU31 5RT | Buriton | T: 07769 691919 or 01730 269034 | Hospital and GP transport and other health related transport. Other requests considered by the group coordinators on an ad hoc basis |
| Petersfield Voluntary Care Group | GU32 3HS | Petersfield | T: 01730 266046 | Hospital and GP transport – other health transport Prescription Collection Social Transport Shopping |
| Ropley Community Care | SO24 0DR | Ropley | T: 01962 772216 | Hospital and GP transport – other health transport |
| Rowlands Castle Good Neighbours | PO9 6AA | Rowlands Castle | T: 0845 519 6641 | Hospital and GP transport – other health transport Prescription Collection Shopping Befriending Visiting |

EASTLEIGH

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|---|-------------|---|--|--|
| Beacon Good Neighbours | SO31 5DQ | Netley Butlocks Heath Old Netley | T: 0845 0948768 | Hospital and GP transport – other health transport and prescription collection Gardening DIY Shopping Befriending & visiting |
| Bishopstoke and Fair Oak Good Neighbours | SO50 6DA | Bishopstoke Fair Oak Horton Heath | T: 023 8060 0807 (answerphone) | Hospital and GP transport – other health transport and prescription collection |
| Botley Neighbourcare | SO30 2EA | Botley Parish | T: 0800 9989 132 E: BNC.Contact @yahoo.com | Hospital and GP transport – other health transport Lunch Club Befriending Social outings |

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| Bursledon Good Neighbours | SO31 8DT | Bursledon Parish | T: 0845 6447506 | Hospital and GP transport – other health transport and prescription Social transport DIY Shopping |
| Chandlers Ford Good Neighbours | SO53 2FT | Chandlers Ford Ampfield (SO53 Area) | T: 07914 757380 | Hospital and GP transport – other health transport and prescription Pet care Shopping Befriending |
| Eastleigh Good Neighbours | SO50 5LJ | Central Eastleigh | T: 02380 642 420 E: eastleighgoodneighbours@hotmail.com | Hospital and GP transport – other health transport Prescription collection DIY Gardening Pet care Shopping |
| Hamble Good Neighbours | SO31 4JF | Hamble | T: 0845 643 0371 | Hospital and GP transport – other health transport Other good neighbourly activities |
| Hedge End Good Neighbours | SO30 4AF | Hedge End Village | T: 03330 448842 | Hospital and GP transport – other health transport |

FAREHAM

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| Fareham Good Neighbours | PO16 0EL | Fareham District | T:07756 864961 www.farehamgoodneighbours.org.uk | Befriending Visiting |
| Fareham Voluntary Car Scheme | PO14 1DN | Fareham town and Titchfield | T: 01329 231 899 | Hospital and GP transport – other health transport Other – wheelchair accessible vehicle for hire |

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| Locks Heath Communicare Association | SO31 6LW | Locks Heath Whiteley Western Wards | T: 07002 456689 | Hospital and GP transport – other health transport Lunch Club Minibus |
| Portchester Voluntary Care Group | PO16 9TU | Portchester | T: 07759 472473 | Hospital and GP transport – other health transport |
| Stubbington & Hill Head Voluntary Care Group | PO14 2AS | Stubbington Hill Head | T: 07832 330308 | Hospital and GP transport – other health transport Prescription collection Sitting Service Befriending Visiting |

GOSPORT

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| Gosport Advocacy Service | PO12 1FG | Gosport | T: 023 9260 4696 or E: advocacy @gva.org.uk | Advocacy Service |
| Gosport Befriending Service | PO12 1FG | Gosport | T: 023 9260 4681 DART Decorating & repair team and gardening: T: 023 9260 1314 E: dart.gardens @gva.org.uk Home service cleaning service: T: 023 9260 1314 E: homeserve @gva.org.uk | Gardening D.I.Y Sitting Service Befriending Visiting |
| Gosport Driving Force | PO12 1FG | Gosport | T: 023 9258 3836 E: drivingforce @gva.org.uk | Hospital and GP transport – other health transport Social transport Shopping |
| Lee on the Solent Voluntary Care Group | PO13 9NF | Lee-on-the- Solent | T: 07807 267630 | Hospital and GP transport – other health transport Social transport Prescription collection Lunch club |

HART DISTRICT

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| Calls & Visits | GU52 8AQ | Church Crookham, Fleet | T: 01252 621599 Leave a message E: callsandvisits @gmail.com W: facebook.com /CallsAndVisits | Befriending |
| Crandall & Ewshot Neighbourcare | GU10 5QF | Crandall & Ewshot | T: 07804 979658 Opening house Monday, Wednesday, Friday 9.30am-12.30pm | Hospital and GP transport – other health transport Prescription collection Sitting Service Shopping |
| Crandall & Ewshot Village Pump Group | GU10 5QF | Crandall & Ewshot | T: 07922 028844 | Social outings and events for older people Monthly coffee morning Singing for Fun activities |
| Daisy Chain Café | GU46 7LR | Yateley | T: 07799 031384 E: daisychaincafe1 @gmail.com | Café for people living with dementia and their carers |
| Eversley & Bramshill Trusts Rural Transport Care Group | RG27 0PX | Eversley and Bramshill | T: 01189 734476 | Hospital and GP transport – other health transport |
| Fleet and District Voluntary Care Scheme - Communicare | GU51 4NB | Fleet, Church Crookham, Crookham Village, Dogmersfield | T: Duty officer – 01252 613121 | Hospital and GP transport – other health transport |

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| Hartley Wintney Voluntary Care Group | RG27 8HQ | Hartley Wintney, Winchfield, Mattingley, Heckfield | T: 0845 5190855 E: info.hwcaregroup@gmail.com | Hospital and GP & other health transport Social transport Befriending Odd jobs Forget-me Not café for people living with dementia and carers Singing for the mind |
| Hook Care Group | RG27 9EG | Hook, Rotherwick | T: 0845 0941549 | Hospital and GP transport – other health transport |
| Odiham Voluntary Care Group | RG29 1ND | Odiham, South Warnborough Long Sutton, Greywell | T: 07551 587862 | Hospital and GP transport – other health transport |
| Rosie Minibus | RG27 8RQ | Hartley Wintney | T: 01252 842830 E: rosieminibus@gmail.com | Minibus service |
| Yateley – PALS of Yateley | GU46 6YU | Yateley, Blackwater | T: 07503 173801 E: k.hughill2@ntlworld.com | Befriending |
| Yateley Neighbourcare | GU46 6NH | Yateley, Blackwater | T: 0300 005 05 05 | Hospital and GP transport – other health transport Prescription collection Social Transport Shopping |

HAVANT BOROUGH

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| Emsworth Good Neighbours | PO10 7DP | Emsworth | T: 01243 430999 T: 01243 372198 W: www.emsworthgoodneighbours.org.uk | Hospital and GP transport Prescription collection Pet Care Shopping Visiting |
| Emsworth Methodist Church | PO10 7AQ | Emsworth | T: 01243 373773 Open weekdays 10am – 4pm Saturdays 10am to noon | Befriending Pastoral Centre offering welcome, friendship and refreshment |

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| Havant, Leigh Park & West Leigh Good Neighbours | PO9 5TE | Havant, Leigh Park and West Leigh | T: 07908 435657 | Shopping and visiting |
| Hayling Voluntary Services | PO11 9AP | Hayling Island | Hospital driving coordinator T: 023 9246 4730 Befriending coordinator T: 07588 964628 W: www.haylingvoluntaryservices.org.uk | Hospital and GP transport – other health transport Shopping Befriending Social drop ins |
| Langstone Good Neighbours | PO9 1SL | Langstone | T: 07543 682405 | Hospital and GP transport – other health transport Shopping Befriending |
| Waterlooville, Purbrook & Cowplain Good Neighbours | PO7 7EH | Waterlooville, Purbrook & Cowplain | T: 07725 718752 | Hospital and GP transport – other health transport D.I.Y Shopping Sitting Service Visiting |

NEW FOREST

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|--------------------------------|----------|-----------|-----------------|---|
| Bransgore Community Care Group | BH23 8AJ | Bransgore | T: 01425 673057 | Hospital and GP transport – other health transport Social Transport Lunch Club Shopping Sitting Service Visiting Coffee morning |
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| Brockcare | SO42 7SP | Brockenhurst | T: 01590 624584 E: office@ brockenhurstchurch.com | Prescription collection Lunch club Shopping Befriending Visiting Meals for a short term crisis period Thurs AM CAMEO cuppa & chat in church hall Weds lunches – film/tea afternoons in church hall 3-day Holiday@Home, Xmas day lunch |
| Brockenhurst Care Cars | SO42 7SP | Brockenhurst | T: 0845 643 5808 | Hospital and GP transport – other health transport |
| Burley Good Neighbours | BH24 4AP | Burley | T: 01425 402561 | Hospital and GP transport – other health transport Befriending |
| Burton & Winkton Care Group | BH23 7JN | Burton, Christchurch | T: 01202 484251 | Hospital and GP transport – other health transport Prescription collection Shopping |
| Fawley & District Voluntary Care Group | SO45 1DL | Blackfield, Calshot, Exbury Fawley, Holbury, Langley | T: 023 8089 8756 W: www.fdvvcg.org.uk | Hospital and GP transport – other health transport Prescription collection Social Transport Shopping Visiting |
| Hordle Voluntary Care | SO41 0FB | Hordle | T: 0845 388 9063 E: hordlecare @gmail.com W: www.hordlevoluntary care.org | Hospital and GP transport – other health transport Other – coffee morning |
| Hythe & District Voluntary Car Group | SO45 6BR | Waterside, Hythe | T: 023 8084 2809 E: hythecargroup2 @outlook.com | Hospital and GP transport – other health transport Shopping |

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| Lymington Care Group | SO41 9ND | Lymington | T: 01590 679187 E: lymcare@gmail.com | Hospital and GP transport – other health transport |
| Lymington Friends of Wistaria Surgery | SO41 9GJ | Lymington | T: 01590 673331 | Befriending Visiting Other – coffee morning |
| Lyndhurst Neighbourcare | SO43 7BD | Lyndhurst | T: 0845 0945 818 | Hospital and GP transport – other health transport Social Transport Prescription collection Pet care Shopping |
| Milford on Sea Befrienders | SO41 0SQ | Milford on Sea | T: 01425 541 241 | Befriending |
| Milford on Sea Community Care Group | SO41 0RN | Milford on Sea | T: 01590 641700 | Hospital and GP transport – other health transport Visiting |
| Neighbourcare New Milton | BH25 6QN | New Milton | T: 01425 611662 E: neighbourcarenewmilton@gmail.com | Hospital and GP transport – other health transport Shopping |
| Ringwood Good Neighbours | BH24 1TY | Ringwood | T: 01425 474395 E: vandmobrien@lineone.net | Hospital and GP transport – other health transport Prescription collection Shopping Befriending |
| Sway Over Sixties Club | SO41 6BD | Sway, Lymington | T: 01590 682363 W: www.swayoversixties.co.uk | Coffee morning Friendship club Table sales Afternoon tea |
| Sway Welfare Aid Group | SO41 6BD | Sway, Lymington | T: 01590 681500 E: info@swaghants.org.uk W: www.swaghants.org.uk | Hospital & other medical driving Lunch club Heating grants Financial grants for residents encountering financial crisis |

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| Totton Communicare | SO40 3JA | Totton | T: 023 8066 0200 Call 023 8066 3381 at the moment as the office is closed | Hospital and GP transport – other health transport |
| Two Bridges Care Group | SP6 1BB | Alderholt, Fordingbridge Sandleheath Godshill | T: 0845 838 5902 | Hospital and GP transport – other health transport. |
| Waterside Good Neighbours (Also New Forrest East Befrienders – the groups have merged) | SO45 6BN | Waterside, Hythe | T: 023 8084 3676 | Hospital and GP transport – other health transport Social transport Prescription collection Gardening D.I.Y Pet care Sitting service Shopping Visiting |
| Western Downland Care Group | SP6 3HU | Damerham | T: 01725 518350 | Hospital and GP transport – other health transport Prescription collection Shopping D.I.Y |

PORTSMOUTH

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| Christ Church Portsdown Good Neighbours | PO6 3NB | Widley | T: 07842 367490 E: goodneighbours@christchurchportsdown.org W: www.christchurchportsdown. | Hospital and GP transport – other health transport Social transport Prescription collection Sitting service Befriending Shopping Lunch club Gardening D.I.Y |
| Compassionately Portsmouth | PO1 2DX | Portsmouth | T: 07942671194 E: coordinator@compassionatelyportsmouth.org.uk | Hospital and GP transport – other health transport Befriending Social activities |

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| St Cuthbert's Helping Hands | PO3 6DE | Copnor, Portsmouth | T: 07751 293296 W: www.stcuthbertwith staidan.org.uk | Hospital and GP transport – other health transport Social transport Prescription collection Sitting service Befriending Shopping Lunch club Gardening D.I.Y |
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SOUTHAMPTON (Affiliate)

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| Communicare in Southampton | SO14 1NW | Southampton | T: 023 8250 0050 W: www.communicarein southampton.org.uk | Hospital and GP transport Befriending Shopping Social events Lunch club / tea parties Hospital homechecking |
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TEST VALLEY

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| Amport, Monxton, Grateley, Quarley Neighbourcare Group | SP11 8BW | Amport, Monxton, Grateley, Quarley | T: 01264 710641 E: david.baugh4 @btinternet.com | Hospital and GP transport – other health transport Prescription collection Shopping Befriending Visiting |
| Andover Neighbourcare | SP10 1PA | Andover | T: 01264 351579 W: www.andoverneighbour care.co.uk | Hospital and GP transport – other health transport Gardening Sitting service Shopping Minibus |
| Awbridge Neighbourcare | SO5 0HN | Awbridge | T: 0845 094 6155 | Hospital and GP transport – other health transport |

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| Broughton Good Neighbours | SO20 8AA | Broughton | T: 0845 643 2919 | Hospital and GP transport – other health transport Prescription collection Shopping Befriending Gardening D.I.Y Pet care Other – visiting, coffee morning, OPAL |
| Chilbolton Care Group | SO20 6BQ | Chilbolton | T: 01264 861 338 | Hospital and GP transport – other health transport |
| North Baddesley Friends | SO52 9EQ | North Baddesley, Southampton | T: 023 8073 0212 | Hospital and GP transport – other health transport Prescription collection Shopping Visiting Befriending Other – hairdressers |
| Nursling & Rownhams Helping Hands | SO16 8AH | Nursling and Rownhams | T: 07599 998572 | Hospital and GP transport –health & Social transport Gardening D.I.Y Shopping Sitting service |
| Romsey Good Neighbours | SO15 8EP | Romsey | T: 01794 514854 E:romseygoodneighbours@gmail.com | Hospital and GP transport – other health transport |
| Romsey Radish (Romsey & District Information and Support at Home) | SO51 8GW | Romsey and district | T: 01794 515126 E: support@radishes.org.uk | Social transport Gardening D.I.Y Pet care Sitting service Shopping Befriending Visiting |

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| Shipton Good Neighbours | SP9 7TL | Shipton | T:0845 269 3942 | Hospital and GP transport – other health transport Prescription collection Pet care Shopping Visiting Other – reading/writing letters |
| Somborne Neighbourcare | SO20 6PR | The Sombornes, Eldon, Ashley, Horsebridge and Brook | T: 07470 022396 | Hospital and GP transport – other health transport |
| Stockbridge, Longstock and Houghton Neighbour Care | SO20 6HE | Stockbridge Longstock and Houghton | T: 0845 094 3713 | Hospital and GP transport – other health transport Shopping Visiting Other – general good neighbourly help |
| Thorngate Village Care Group | SP5 1JY | East and West Tytherley, East Dean, Lockerley | T: 01794 340993 | Hospital and GP transport – other health transport Social transport Prescription collection D.I.Y Pet care Sitting Befriending Visiting |
| Wallops Good Neighbours | SO20 8HT | Wallops | T: 0800 6127 647 | Hospital and GP transport – other health transport Shopping Other – transport for visiting someone in hospital or care home |
| Wellow Help Group | SO51 6DR | Wellow | T: 01794 322469 | Hospital and GP transport Lunch club Shopping Visiting Other – hospital visiting |

RUSHMOOR DISTRICT

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| Farnborough Neighbourcare | GU14 7AP | Farnborough | T: 01252 545356 T: 01252 543957 | Hospital and GP transport – other health transport |
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WINCHESTER

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| Bishops Waltham Voluntary Care Group | SO32 1AD | Bishops Waltham | T: 01489 893140 | Hospital and GP transport – other health transport Lunch Club |
| Colden Common Community Care Trust | SO21 1TL | Colden Common | Transport: Mo on 02380 692611 Lunch Club: Jenny 01962 713784 Minibus: Dave Walton 01962 712986 or Carole Allen 01962 714288 | Hospital and GP transport – other health transport Lunch club Minibus to shops Wednesday & Thursday |
| Denmead Voluntary Care Group - Denmead Communicare | PO7 6LU | Denmead | T: 07543 571911 | Hospital and GP transport – other health transport Shopping Visiting Minibus |
| Droxford & District Community Care Group | SO32 3PA | Droxford, Corhampton, Exton, Meonstoke | Droxford Coordinator – 07977 096586 Corhampton, Exton & Meonstoke Coordinator – 07865 517484 | Hospital and GP transport – other health transport Shopping Other – good neighbourly support |
| Durley Good Neighbours | SO32 2AP | Durley | T: 01489 860365 | Hospital and GP transport – other health transport Shopping |
| Soberton & Newtown Good Neighbours | SO32 3PF | Soberton & Newtown | T: 01489 877282 | Hospital and GP transport – other health transport Other – mainly driving to appointments, but will try to help other requests |

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| Swanmore Voluntary Care Group | SO32 2PA | Swanmore | T: 01489 893270 E: dennis.123.wheeler @gmail.com | Hospital and GP transport – other health transport Lunch club Other – coffee morning |
| Upper Itchen Voluntary Care Group | SO24 0LA | Bramdean, Cheriton, Hinton, Ampner, Kilmeston, Tichborne | T: 01962 771741 | Hospital and GP transport – other health transport Social transport Prescription collection Gardening D.I.Y Shopping Pet care Befriending Visiting Other – emergency meals |
| West Meon and Warnford Care Group | GU32 1LF | West Meon and Warnford | T: 01730 829208 | Hospital and GP transport – other health transport Other – help with setting up a Lifeline; short term loan of wheelchair |
| Wickham Community Care | PO17 6HR | Wickham | T: 07880 732812 | Hospital and GP transport Prescription collection Lunch club Shopping |
| Winchester Good Neighbours | SO23 9LS | Winchester | T: 0845 094 8946 E: winchestergood neighbours@outlook .com | Hospital and GP transport – other health transport Prescription collection D.I.Y Shopping |